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# **\***Applications of Double Beta Decay\*

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#### Abstract

Double beta decay, a rare nuclear process in which two neutrons within a nucleus are simultaneously transformed into two protons with the emission of two electrons, has garnered significant attention for its profound implications in particle physics, cosmology, and beyond. This paper explores the diverse applications of double beta decay, emphasizing both two-neutrino and neutrinoless modes. The importance of accurate theoretical calculations of nuclear matrix elements is discussed, addressing methods the shell model and QRPA. These calculations are crucial for interpreting experimental results and reducing uncertainties. Additionally, potential connections with dark matter interactions and the cosmic neutrino background are explored. The interdisciplinary applications of double beta decay research, including advancements in nuclear medicine, environmental monitoring, and geophysics, are also examined, showcasing the broader impact of this field. This paper synthesizes current knowledge and experimental findings, outlines ongoing and future research directions, and discusses the potential technological and theoretical breakthroughs that could arise from continued investigation into double beta decay. By providing a comprehensive overview, this work aims to underline the significance of double beta decay in modern physics and its wideranging applications.

**Keywords:** Double beta decay, nuclear matrix elements, particle physics, cosmology, dark matter, neutrino mass,

#### Introduction

Double beta decay process has significant implications in the fields of particle physics, cosmology, and beyond. Double beta decay has two main forms: two-neutrino double beta decay and neutrinoless double beta decay. Understanding processes is crucial for unraveling the mysteries of neutrino properties and the fundamental laws of physics.<sup>1</sup>

The experimental of two-neutrino double beta decay was achieved

much later, in the 1980s, with isotopes like 82Se^{82}Se82Se and 136Xe^{136}Xe136Xe showing detectable signals. The pioneering work in this field laid the foundation for modern neutrino physics and provided the first experimental evidence of this rare decay mode.<sup>2</sup> Experiments such as those conducted by the Heidelberg-Moscow collaboration initially reported potential signals, though these findings were met with skepticism and require further validation. Presently, large-scale experiments like GERDA, EXO, and CUORE continue to push the boundaries of sensitivity, seeking to uncover or refute the existence of 0íââ.<sup>3</sup>

Advanced theoretical models also consider the potential contributions of new particles or interactions, such as right-handed currents, leptoquarks, or supersymmetric particles, to the neutrinoless process. These models help in interpreting experimental results and guiding the design of future experiments to either confirm or rule out the existence of  $0i\hat{a}\hat{a}$ .<sup>4</sup>

#### **Role in Neutrino Physics**

Double beta decay plays a pivotal role in neutrino physics, offering deep insights into several key aspects of neutrino properties. Neutrino oscillations, which have been experimentally observed, imply that neutrinos have mass and that their flavor states are mixtures of mass states.<sup>5</sup> The parameters governing these oscillations include mixing angles and mass-squared differences. Double beta decay experiments contribute to refining these parameters by providing complementary data.<sup>6</sup>

#### **Nuclear Matrix Elements and Theoretical Calculations**

Double beta decay processes are intrinsically tied to nuclear matrix elements (NMEs), which play a critical role in interpreting experimental results and guiding theoretical models. Nuclear matrix are fundamental in the study of beta decay because they directly influence the decay rates and half-lives of the isotopes involved. Accurate calculation of NMEs is essential for predicting the outcomes of double beta decay experiments, particularly in the neutrinoless mode, which has profound in physics and cosmology.<sup>7</sup> The NMEs encapsulate the complex nuclear structure effects that govern the transition probabilities of double beta decay, making them crucial for extracting meaningful physical parameters from experimental data.<sup>8</sup>

Developed to calculate nuclear matrix elements, each with its strengths and limitations:

**1. Shell Model:** This method involves detailed configuration interaction calculations within a limited model space. It provides accurate results for light to medium-heavy nuclei but becomes computationally challenging for heavier nuclei.

**2.** Quasiparticle Random Phase Approximation (QRPA): QRPA extends mean-field approaches to include correlations among nucleons.

It is widely used for medium to heavy nuclei and offers a balance between computational feasibility and accuracy.

**3. Interacting Boson Model (IBM):** IBM simplifies the nuclear many-body problem by mapping pairs of nucleons to bosons. It is particularly useful for describing collective excitations in nuclei and provides complementary insights to the shell model and QRPA.<sup>9</sup>

Despite significant advances, calculating nuclear matrix elements remains fraught with uncertainties. These arise from model dependencies, approximations, and the limited knowledge of nuclear interactions. To mitigate these uncertainties, researchers are working on several fronts:

**1. Refining Nuclear Models:** Improvements in computational techniques and increased computational power allow for more accurate and comprehensive nuclear models.

**2. Incorporating Experimental Data:** Using experimental data from related nuclear processes can help constrain theoretical models and reduce uncertainties.

**3. Developing Hybrid Approaches:** Combining different theoretical frameworks, such as using QRPA to inform shell model calculations, can enhance the reliability of NME predictions.<sup>10</sup>

Implications for Standard Model<sup>11</sup> Double beta decay experiments impose stringent constraints on various theories of the Standard Model. For instance:

1. Supersymmetry (SUSY): SUSY posits the existence of superpartners for all Standard Model particles, which could contribute to 0íââ via mechanisms involving these new particles. Experimental limits on the half-life of 0íââ decays provide the parameter space of SUSY models, particularly those involving R-parity violation.<sup>12</sup>

**2. Left-Right Symmetric Models:** These models extend the Model by incorporating right-handed currents, predicting additional gauge bosons that could mediate 0íââ. Observations (or lack thereof) of 0íââ decay help narrow down the mass and coupling strengths of these predicted particles, thereby refining or refuting these models.<sup>13</sup>

Double beta decay is intrinsically connected to other rare nuclear processes and decays, providing a broader context for understanding fundamental interactions. For example:

**1. Proton Decay:** The search for 0íââ decay is complementary to proton decay experiments, both of which probe baryon and lepton number violation key signatures of grand unified theories (GUTs).

2. Neutrino Oscillations: Results from double beta decay studies complement those from neutrino oscillation experiments by providing independent constraints on neutrino masses and mixing parameters.<sup>14</sup> Materials and Isotope Enrichment Techniques

Double beta decay research relies heavily on the selection and preparation of suitable materials, as well as advancements in isotope enrichment and purification techniques. This section discusses the criteria for selecting isotopes for double beta decay experiments, methods for isotope enrichment and purification, and recent advances in material science for detector construction.

Suitable isotopes are those with a high natural abundance and a significant probability of undergoing double beta decay. Commonly used isotopes include  $76\text{Ge}^{76}\text{Ge}76\text{Ge},136\text{Xe}^{136}\text{Xe}136\text{Xe}, 130\text{Te}^{130}\text{Te}130\text{Te}, and 82\text{Se}^{82}\text{Se}82\text{Se}$ . These isotopes are selected based on their decay energies, half-lives, and the feasibility of enrichment. The higher the decay energy, the more detectable the emitted electrons are, which improves the sensitivity of the experiments. Additionally, isotopes with longer half-lives are preferred to ensure sufficient decay events for observation.<sup>15</sup>

Isotope enrichment is a vital step in preparing materials for double beta decay experiments. Several techniques are employed to achieve high levels of enrichment, including gas centrifugation, cryogenic distillation, and electromagnetic separation. Gas centrifugation is widely used for enriching isotopes like  $136Xe^{136}Xe136Xe$ , while cryogenic distillation is effective for purifying noble gases. Electromagnetic separation, though expensive, provides high purity levels necessary for sensitive experiments. Purification processes are equally important to remove contaminants that could interfere with decay measurements. Advanced chemical and physical purification methods ensure that the enriched isotopes are free from impurities and suitable for experimental use.<sup>16</sup>

The construction of detectors for double beta decay experiments has seen significant advancements in recent years. The development of high-purity germanium detectors and scintillation crystals, such as those made from  $130\text{Te}^{130}\text{Te}130\text{Te}$  and  $82\text{Se}^{82}\text{Se}82\text{Se}$ , has improved the resolution and efficiency of decay event detection. Additionally, innovations in cryogenic technologies and semiconductor materials have led to more robust and reliable detectors. These advances increase the accuracy of decay measurements but also open new avenues for detecting other rare nuclear processes.<sup>17</sup>

#### **Cosmological and Astrophysical Applications**

Double beta decay extends its relevance beyond the realm of particle physics into cosmology and astrophysics. Double beta decay provides crucial insights into the conditions of the early universe, particularly during big bang nucleosynthesis (BBN). The precise measurements of double beta decay rates, especially the neutrinoless mode, can offer constraints on the properties of neutrinos, which are pivotal in the BBN epoch. Understanding the effective Majorana mass of neutrinos, derived from double beta decay experiments, helps refine models of the early universe by providing better estimates of neutrino masses and their influence on the synthesis of light elements. This information is critical for aligning theoretical predictions with observed abundances of elements such as helium, deuterium, and lithium.<sup>18</sup>

Neutrinoless double beta decay, in particular, could provide indirect evidence of dark matter interactions. Theoretical models suggest that certain dark matter particles could mediate neutrinoless double beta decay processes. By studying the decay rates and spectral shapes of double beta decay events, researchers can gain insights into the properties and interactions of dark matter particles, offering a complementary approach to direct dark matter detection experiments.<sup>19</sup>

The cosmic neutrino background (CNB), remnants of the early universe, holds valuable information about the universe's infancy. By measuring the effective neutrino mass through double beta decay, scientists can infer properties of the CNB, such as its density and energy distribution, thereby enhancing our comprehension of cosmic evolution and the neutrinos in shaping universe.<sup>20</sup>

#### Conclusion

The study of double beta decay offers profound insights into fundamental physics, with far-reaching implications across various domains. Double beta decay, particularly in its neutrinoless form, has emerged as a crucial process for understanding the properties of neutrinos. The measurement of nuclear matrix elements has enhanced our understanding of nuclear structures, while the connection with cosmological models has shed light on early universe conditions and big bang nucleosynthesis. Future research in double beta decay is poised to make significant strides with the advent of more sensitive and sophisticated experimental techniques. Enhanced theoretical models will be developed to better interpret experimental data and reduce uncertainties in nuclear matrix elements. Collaborations between experimental and theoretical physicists will be crucial in these endeavors. Additionally, advancements in detector technologies and materials increasing the sensitivity of beta experiments. The potential breakthroughs from decay research are vast. Confirming the existence of neutrinoless double beta decay would revolutionize our understanding of neutrinos and establish them as Majorana particles, which could provide insights into the universe. Such discoveries would have particle physics, cosmology, and even beyond, influencing theories on dark matter and the unification of fundamental forces. The broader impact on physics would be transformative, paving the way for new physics paradigms and experimental methodologies.

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